



# All Saints' Day School

## Learning Through Play Since 1969

 **October 2018** 

1969 Woodside Lane · Virginia Beach, VA 23454  
(757)481-0577, ext. 2

[allsaintsdayschoolvb.com](http://allsaintsdayschoolvb.com)  **All Saints' Day School**

### Welcome!

We welcome all of our families to All Saints' Day School!



Whether this is your first year with us, your youngest child's last year, or anything in between; we are delighted to have you as part of our family and community.

Although we communicate often and in a wide variety of ways, you can expect a monthly newsletter on or about the first of each month. It will reflect what has happened during the previous month and what to expect during the ensuing month. Sometimes there will be a research article on child growth and development, and there will often be an article on ways in which you can support our school and its efforts. Pictures will always be included. It's fun to have your child look for him/herself and his/her friends. The last page is generally a calendar suitable for posting on the fridge. It will reflect the new month and the ensuing month's schoolwide activities. We have a column on the calendar labeled "Kids' Version" so the children can anticipate what's coming as well. Feel free to forward our newsletter to family and friends; especially those who might be looking for a preschool home for their child(ren). Since our newsletters are also posted on our website, that is also a great place to refer folks.

### First Days of School

It's been said before, and it still holds true. "A picture is worth a thousand words!"



### The VBPL Reading Bus is Coming!

I'm so excited to announce that we will be having the Virginia Beach Public Library's Reading Bus coming to ASDS every Wednesday to do a special 40 minute class lesson with our children in the Starfish, Stingrays, Sea



Otters, and Dolphin's classes beginning Wednesday, Sept. 26th. The teachers will be collaborating with the coordinators of this program to have it go with any special

themes each class may be studying. Each class will board the bus and then have the opportunity to engage with special books that will be left for the classroom to use each week. The Sea Turtles will receive special classroom materials each week so that they are part of the fun, too!

*Dianne*

Dianne Islev-Petersen

### ASDS FUNdraiser at The Collective

On **Thursday, November 15<sup>th</sup>** **The Collective** (Regency Shopping Center on Laskin Road where Aldo's and



Talbots are located) will be hosting a "Shop for the Cause" to benefit our school. All day that day, anyone who is unable to attend that evening, will have

the opportunity to shop, mention ASDS, and the school will receive a portion of any purchases made. That evening there will be a special event for us from 7-9 for all the moms of the Day School to get together, have a glass of wine, socialize, and SHOP! This is a great way to get to know each other outside of school and enjoy an evening out. Please remember everyone is welcome so tell your friends, neighbors, and relatives about this

awesome event! As long as they mention All Saints' Day School, we benefit! There will also be a special raffle happening so stay tuned for more information about that as the date approaches.

**Dianne**  
Dianne Islev-Petersen

## News from The Hansons!



### Welcome Carys Hanson

Join us in congratulating Tiffany, Ryan, Carly, and Carter on the birth of

Carys Hanson  
September 7, 2018

Carys Hanson has arrived safely! Mom, Tiffany was our Music Teacher last year and her son, Carter, was in the Stingrays class. The Hansons are currently stationed in in Maine where Dad, Ryan, serves in the Coast Guard. They hope to return to the beach by the time Carys is ready to join the Sea Turtles!

## “Adjusted” Weather Policy

The City of Virginia Beach is geographically far-reaching and weather conditions in one part may differ greatly from weather conditions in another part. When the public schools are closed, it is because the entire school division must be considered as a single entity. Also, because the same school busses are used for elementary, kindergarten, middle, and high school runs, there is an impact on the timing of the call in order to make certain all students are safe.

Because our families come from a relatively small geographic area, we have a bit more flexibility. Therefore, in consultation with the church Rector, Dr. Sawyer, and the Chair of the Day School Commission, Dr. Felty, there **MAY** be a time when we will make an on-site decision with regard to weather closures. SAFETY will ALWAYS be our first priority. Please do NOT phone us to inquire. We will notify you via e-mail, Facebook, and/or class text. Please note, we will not be making up missed days.

**Dianne**  
Dianne Islev-Petersen

## After School Explorations Return!

After School Exploration opportunities return this fall. This is a way to extend your child’s day by one hour with one of our teacher-taught classes. Classes are registered for individually through the class sponsor and you may select from one to five days for your child(ren). Gather your paperwork from the Enrichment Desk in the hallway near the red water fountain.



	Art with ASDS Jr. Kindergarten Teacher, Marianne Padrick, held on <b>Mondays.</b>
	KID FIT™ is hosted by an outside agency, with which you will contract directly for Certified Professional Trainer, Jessica Glenn, held on <b>Tuesdays.</b>
	Soccer Shots™ is hosted by this outside agency, with which you will contract directly, on designated <b>Wednesdays.</b> <b>This class is currently FULL.</b>
	STEM with ASDS Jr. Kindergarten Teacher, Marianne Padrick, held on <b>Thursdays.</b>

## PATTCH Thanks YOU!

We thank you for your participation in our September Coffees. We did exceedingly well with our sign-ups and are ready to support our little Day School with a variety of activities throughout the year! If you did not have the opportunity to register for a committee or a project, fear not, there is still time to become a part of the action. Our upcoming



October Fall Festival and November Family Feast will give you a taste of what PATTCH does. Parents and Teachers Together for Children may be compared to a PTA. Since research shows that children whose parents are involved in their schools are the most successful, we know you will want to begin supporting your child(ren)’s school early in the school experience.

## What Does "Staff Inservice" Mean?

You may have noticed that All Saints' Day School has been able to attract an exceeding well qualified staff. Unlike most local preschools, our lead teachers have at least a Bachelor's Degree. Three have Master's Degrees and the others all have graduate work and certifications or teaching endorsements beyond the Bachelor's level. You'd think that would be enough, but we are a school that is committed to continuous improvement and being models for lifelong learning. In addition to that, our school's state license requires that each staff member receive 16 seat hour of training every year. Staff Inservice Days help us achieve both goals in an effort to enable us to stay abreast of the latest in providing an effective preschool education to the children you have entrusted to our care. On the training horizon this fall are the following:

**Reading Bus Orientation** – - with the VBPL on Wednesday, October 19<sup>th</sup> after school the VBPL

**Conscious Discipline**© with Robin Kitsis – Monday, October 8<sup>th</sup> @ 9:30

**Creating Safe Churches** – Required by the Episcopal Church for ALL who have contact with children – On-Line Course and Certification

**Speech and Language Development**– Presented by Speech and Language Pathologist, Liz Williams – Wednesday, September 26<sup>th</sup> after school

**CPR and First Aid Certification** – Presented by Liz Lowry – Saturday, October 13<sup>th</sup> 8:30 – 2:00

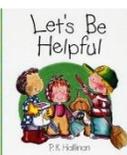
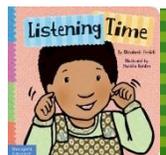
As you can see from the schedule above, every one of these is being taken on the teachers' "own time". We hope you'll remember to thank you teachers for this unseen aspect of their devotion to your children.

## Chapel

What a crazy month September was! I'm so happy we are all settled in now and have finally completed a whole week of school! Our time in chapel this month was spent learning our special ASDS prayer:

*"I like to come to All Saints', I like to sing and play, and when it's time to talk to God, I fold my hands and pray. Thank you, God, for sleep last night, thank You for the morning light, thank You for this special day, help me keep it just that way."*

The children also helped to explain why we bring in small change donations all year. All of the money collected gets sent to the SPCA to help take care of all the animals while they are waiting for their forever homes. Please know that this is totally optional.



I read the books Listening Time by Elizabeth Verdick and Let's Be Helpful by P.K. Hallinan, and we discussed all the places that **it's**

**important to be a good** listener, as well as how we can be helpful both at school and at home. Our music teacher, Ms. Dana, taught all of us the fun movement song, "Father Abraham". Ask your child to show you the moves!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm, right foot!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm, right foot, left foot!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm, right foot, left foot,  
Chin up!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm, right foot, left foot,  
Chin up, turn around!

Father Abraham had many sons  
Many sons had Father Abraham  
I am one of them and so are you  
So let's all praise the Lord.  
Right arm, left arm, right foot, left foot,  
Chin up, turn around, sit down!

### ACTIONS:

**Right arm:** Clench fist, bend and extend arm upward repeatedly throughout song

**Left arm:** Add left arm in same motion as right

**Right foot:** Add right foot stepping up and down

**Left foot:** Add left foot stepping up and down

**Chin up:** Add head nodding up and down

**Turn around:** Add turning in place while continuing other motions

**Sit down:** Sit down

<https://www.kiddles.com/lyrics/f033.html>

We also serenaded our September birthdays: Eamon, Lyla Rose, Eliza, Mariner, and Kyle.

**Dianne**

Dianne Islev-Petersen



## Ms. Cathy

The kindergarteners are off to a great start. We have spent the month of September getting to know each other, reviewing our letters, sounds and sight words. As well as, reviewing basic math and science concepts.



To start off the school year we made handprints to decorate Teacher Cathy's desk and took first

day of kindergarten photos. The children have been discussing being a good friend in the classroom and making good choices. We emphasized and continue to emphasize helpful behavior and making green choices rather than red choices. I'm happy to report that most of the time all the children are making good choices and being helpful students.

In September we have emphasized the letters A, B, M and D. I'm pleased that all the children know their letters as well as letter sound associations. Therefore, when we are emphasizing a letter we are actually adding words to our sight word wall that begin with those letters. At circle time, through our poem of the month, calendar, question of the day and our sentences about "today" we are able to reinforce our numbers, addition and our high frequency words.

I've been able to spend individual time each day with each child reading. The children are all progressing at their own pace. They seem excited and proud of their reading accomplishments. As a group we have started our cookbooks. So far we have



made applesauce and monkey bread. The kids are asked to help read recipes, place the instructions in the proper sequence then, later in the week, write a review. We are saving all the recipes and reviews to be sent home later in the year as a collection. In math, as with reading, I'm able to spend time with each child to work on simple math concepts. The past two weeks we have been working with Unifix™ cubes to do basic addition and subtraction and word problems. The individual work will be sent home at the end of each week. Having a few minutes with each child seems to be a great way to center and calm the children and also gives me a way to see what we need to spend more time on as a group. During class time we have been doing lots of graphing, counting (by ones, twos, fives, and tens) and writing number sentences. In our cooking lessons, we are emphasizing fractions, sequencing, and time. Our first science experiment is tried and true. The mentos in Diet Coke. As with most science experiments we are able to reinforce our reading, writing, and math. With this experiment we are introducing scientific method. We are discussing what a hypothesis is and whether they were correct with their guesses. Also, we are introducing cause and effect.



Overall, I am very pleased with the Dolphin class. The children come to school each morning smiling and eager to learn. The days have flown by and I look forward to an exciting year.



## Ms. Marianne & Ms. Teresa

The Sea Otter classroom has been full of love, laughter, curiosity, music, singing, dancing, and loads of excitement this September! We started off the school year with a week dedicated to learning our school rules, classroom routines, and most importantly how to build friendships. During the first week we read the book Have





You Filled a Bucket Today?; A Guide to Daily Happiness for Kids By Carole McCloud. This book illustrates that each person carries an imaginary bucket with them each day. These buckets can be filled with kind words and kind actions. However, you can also dip in to a friend's bucket by using unkind words or being hurtful.

This book has laid a foundation in our class for character building. When students are noticed being bucket fillers they are invited to fill our classroom bucket with a pompom. When the bucket is full the class is rewarded with an extra special activity. Each week our class learns a new strategy on how to be a bucket-filler, and it is usually tied in to our letter of the week. For example, this week our letter in our journal is LI, so we are focusing on filling each other's buckets by being loving to one another.

In addition to being bucket fillers, our class is also learning how to be mathematicians, scientists, meteorologists, readers, writers, and artists. Through fun, thematic units our class embraces these roles through play and age appropriate activities.

Our current weekly theme is LI is for leaf! During this theme, the Sea Otters are exploring the world around them and observing how our environment changes as the seasons change. To start out this fun week our class read the book We're Going on a Leaf Hunt by Steve Metzger. Then, we went outside and collected leaves. We observed the leaves and made rubbings to study the anatomy of a leaf. Next, we made a graph and compared the different color leaves we collected.



We found that the majority of the leaves collected were brown. After we collected our data, the Sea Otters asked why the leaves turned brown. After a fun science experiment, we found out that leaves lose their color because the chlorophyll they get from the sun

decreases as the seasons change. As the leaves get less and less chlorophyll their color decreases and turns to brown, yellow, red or orange, depending on the plant. Lastly, each student took one of their leaves and conducted a leaf study. They measured it and used their five senses to describe their leaves in small groups.



As our themes change, so do our classroom centers. During our leaf week, our dramatic play area has changed from a house, to a fire station, to a fall felt board where students can rake and sort leaves. Our science center also changes to promote the math and science skills we are working on each month. For example, our sensory bin is currently filled with leaves of different color and sizes. The Sea Otters have tools available to them to sort the leaves and measure the leaves.

We have had so much fun learning through play and our fun thematic units this month. We can't wait to see what excitement lies ahead of this year!



## Ms. Susan & Ms. Elaine

The Stingrays are having a great start to the new school year! The kiddos are so excited to be back at All Saints! We have been working on the letters M, L and A. We made our M's into snow-capped mountains. Stingray's love to paint, go to the playground and learn. Our theme this month has been "All About Me". We took special interest in learning all about our friends and about what we do when we are not in school. We have also started having fun with all things that Fall has to offer us: falling leaves, apples and pumpkins among them. Our class is looking forward to going on a leaf hunt and painting with apples. The Stingrays have also been working hard on writing their first names. They do love to write.



## Ms. Sandra & Ms. Beth & Ms. Terry



During the month of September, the Starfish students worked on the themes All About Me, Apples, and

Fabulous Fall. We studied the letters M, A, F, and the numbers 1 and 2. We sang the circle shape song during Circle Time while making circular patterns in the air and

on the rug, and played I SPY while reviewing the colors red and yellow.

The children easily learned the routine of the classroom. Each morning they came in and moved their fish to show us they were present that day. They found their names and knew where to sit during circle time, and they easily found their numbered fish when we lined up to leave the classroom. Classroom songs were quickly learned and sung each day. When our classroom centers were introduced the Starfish stayed in their centers until they heard the cue to move to the next center.

All About Me was a theme that was taught so the students could learn about themselves and others in the classroom. We read, I Like Myself, and How Are You Peeling to explore self-awareness and



emotions. The children created themselves by making paper dolls, and they brought in a special item to share with their classmates.

We moved on as we were getting close to fall with our Apple theme. We read, The Apple Pie Tree, Bad Apple, and 1 Little, 2 Little, 3 Little Apples. We acted out a poem about a worm in an apple and the children squealed with delight when the felt apple fell on their nose. We sorted apples by color, tasted different types of apples, tried to balance apples on our heads, made apple counting books, made the letter A with apples, weighed apples, observed if apples floated or sank, and created beautiful apple trees by stamping with apples. Throughout September we observed the life cycle of a butterfly. We were



given a milkweed plant with several caterpillars on the leaves. We watched them devour the plant and two were able to make a chrysalis and become butterflies. We released the two into the children's garden. It was amazing for all of us to see!

The last week of September was the first week of fall, so we started our unit about all the wonderful things that fall brings us. We created a new sensory bin using pumpkin shaped pasta, leaves, fall colored pasta and acorns. We read, We're Going on a Leaf Hunt, and went outside to collect fall leaves and sorted them by color and size. During center



time, the students did numerous math activities using leaves. We will continue our Fabulous Fall theme into October. I can't wait to see more growth in the Starfish classroom.

## Ms. JoJo & Ms. Patsy

September was such a successful and busy first month of school! Most of the Sea Turtles have acclimated well and are happily settled into the routine of our school day. Thank you for the photos. The family pictures are displayed on our "Family Wall", and the students like to look at them and talk about them! Our letters for the month of September were "Aa", "Ff", and "Hh". Our color was red, our shape was the circle, and our number was "1".



We sang "I Am Special" and read Dr. Seuss' Ten Apples Up On Top. The students enjoyed gluing and counting ten apples on top of their pictures that you gave to us! We hope that you enjoyed the children's handprints and poems that we did during the first two weeks of school. The students also painted/decorated fish for our "O"fish"ally A Preschooler" bulletin board. We will not be sending the fish home until after April's art show, but feel free to take a photo of your child's work! The students also enjoyed decorating the letters "A" and "F"



with apples, letter stamps, letter stickers, fish, feathers, and flowers. We will review again in October and expose the students to more letters, numbers, shapes, and concepts. In addition, I will be doing one-on-one assessments with the

students (letters, numbers, and colors). I'm excited about the following months! Thank you for sharing your child with us! ☺





## Music with Ms. Dana

Did you know that some studies have shown that even infants are able to notice differences in melodies and rhythms? Every child has the ability to learn and enjoy music! Just as children learn language by



experimenting and playing with sounds, they also learn music through play and movement. In music class this month, the children moved their bodies

to music and practiced using rhythm sticks to keep a steady beat. Reciting nursery rhymes while tapping the sticks is good practice for learning steady beat. Since it is the beginning of the school year and everyone is still learning each other's names, we sang songs using the children's names with the puppets Lulu Llama and Thomas Turtle. We also practiced marching to a beat. Everyone had to listen carefully since sometimes the beat changed from fast to slow and back to fast! Another popular activity was using scarves to move with musical patterns. We played lots of musical games like "Here We Go Looby Loo", and "The Color Song". At the end of the month, we talked about the musical terms for loud (forte) and soft (piano) and practiced playing loudly and softly with the rhythm sticks and the egg shakers. Next month we will continue working on keeping a steady beat, as well as learning some more musical terms.



## From Our Kroger Rewards Program

Dear All Saints' Day School (WB348),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.



We have recently upgraded our system, and as a result **your Non-Profit Organization (NPO) has a new account number.** We recommend communicating this new number to your members, and updating any

marketing materials with this change. Please reference the new number when contacting us for assistance. The previous number will continue to be associated with your organization, however, it will not be visible to your members when enrolling.

The upgrade process created a delay in the delivery of the last quarter statement. We apologize for the delay, and assure you that future quarterly statements will be delivered in a timely manner.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well. Thank you for being such an important organization in our community,

Community Rewards Staff

**ASDS raised \$120.98 June through August of 2018 with ONLY 17 families registered. Imagine what we could do if ALL of our families got on board. Registering ASDS does NOT affect your Kroger gas points!**

**LYNNHAVEN River NOW**  
**Fall Fest 2018**  
**at WILLIAMS FARM PARK**

Saturday, October 6, 11 a.m. - 3 p.m.  
5269 Learning Circle, Virginia Beach, VA 23462  
Located near Newtown Road Elementary School

- Children's Activities
- 50+ Fun and Educational Booths
- Native Plant Sale
- Eco-Friendly Vendors
- Demonstrations on Healthy Living
- Free and Open to the Public
- Local Artisans and Crafters
- Games, Crafts and Prizes
- Yummy Food and Drinks
- Community Fun
- Give Aways
- Plenty of On-site Parking

LYNNHAVEN River NOW  
For more information, visit [LRNow.org](http://LRNow.org) or email [Terri@LRNow.org](mailto:Terri@LRNow.org).

**LRNow.org**

## For the Fridge...

Date	Kids' Version	Event	Notes
October 3 <sup>rd</sup> and 4 <sup>th</sup> Wednesday & Thursday		<b>Fall Pictures</b>	Emily Hall e b hall photography
October 6 <sup>th</sup> 11:00 a.m. - 3:00 p.m.		<b>Fall Fest 2018</b>	Lynnhaven River NOW event at ' Farm Park (See poster above)
October 8 <sup>th</sup> Monday,		<b>Columbus Day</b>	ASDS CLOSED TO STUDENTS Conscious Discipline© Inservice with Robin Kitsis
October 26 <sup>th</sup> Friday		<b>Fall Festival</b>	Wear your Halloween Costume and join our PATTCH-Sponsored parade and "Trunk of Treat"
November 6 <sup>th</sup> Tuesday		<b>Election Day</b>	ASDS CLOSED TO STUDENTS All Saints' Church is a polling place.
November 12 <sup>th</sup> Friday		<b>Veterans' Day</b>	ASDS CLOSED TO STUDENTS Veterans' Day Celebrated
November 16 <sup>th</sup> Friday		<b>Family Feast</b>	Join us for our Annual ASDS Family Feast!
November 21 <sup>st</sup> - 23 <sup>rd</sup> Wednesday - Friday		<b>Thanksgiving</b>	Thanksgiving Holiday
November 26 <sup>th</sup> Monday		<b>School Reopens</b>	We've missed you!